

FLYTABLE CYCLE

This table. This floor. This drawing revision. Not last cycle's sheet.

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WHEN

Every flytable / flyform cycle the crane hooks. Critical lift. Fill PROVEN-FRM-052. Typical tables only - corner and nontypical use PROVEN-SJP-002 on the same form.

PURPOSE

Name the facts the SWP cannot know until this morning: table ID, drawing revision, weight, pick points, sling lengths, wind number, named crew, holds. The method stays PROVEN-SWP-028. If this sheet contradicts the SWP, stop and fix one of them before the hook moves.

An SJP is not a longer SWP. It is the SWP plus the facts of this job. Do the work to the method. Fill this instance. If they disagree, stop.

BUILT ON

SWP - FLYTABLE CYCLING - PROVEN-SWP-028 -> <https://sin.ae.org/safety/swp/flytable-cycling>

JHA - FLYTABLE CYCLING - PROVEN-JHA-011 -> <https://sin.ae.org/safety/jha/flytable-cycling>

SWP - CRITICAL LIFTS - PROVEN-SWP-019 -> <https://sin.ae.org/safety/swp/critical-lifts>

FILL THIS CYCLE - PROVEN-FRM-052 -> <https://sin.ae.org/safety/form/flytable-cycle-sjp>

FACTS THIS SHEET MUST NAME

Project, building, floor leaving, floor landing

Table ID - and whether it is typical

Engineered drawing number and revision - matches this table

Manufacturer / system (EFCO, Doka, Aluma, other) and the cycle at the lift

Weight and centre of gravity (14.36)

Every designated pick point, named. Pins / cotters / Safety Pin-Bolts as the OEM

Sling type, WLL, and lengths as the drawing - not last floor's memory. Some systems use a longer rear pair only if that drawing says so

Wind limit - the lower of crane, manufacturer, this SJP. A number.

Radio channel. Confirmation loop. Who is on drop floor. Who is on landing floor.

Curb stops, kicker blocks, brake lines - as the drawing, in place before roll

Exclusion below and on the landing floor

Named operator, rigger, signalperson, formwork supervisor, prime contact

HOLD POINTS

01 BEFORE DROP

Drawing and OEM cycle at the lift. SJP filled. Meeting done. Radios tested. Zone below. Table free of the pour as the host confirms. Crane not on load.

02 BEFORE ROLL PAST THE EDGE

Curb / kicker / brake line as the drawing. Fall protection at the edge. Exclusion held. Crane will not pull.

03 BEFORE THE TABLE LEAVES THE BUILDING

Every designated pick made. Pins in. People off. Loose material off. Test lift. Hang matches the drawing.

04 BEFORE HOIST TO THE NEXT FLOOR

Landing floor ready on the radio. Confirmation loop. Wind at or below the number. Path clear.

05 BEFORE DISCONNECT

Table on jacks or landing dollies as the OEM. Tiebacks / curbs as the drawing. Formwork supervisor says landed.

ABORT

Any fact on this sheet is unknown or no longer true
The work is being asked to drift from PROVEN-SWP-028
This table is a corner or nontypical and this is the typical SJP
Radio loss. Wind over the number. Person in the zone.
Change without stop-and-discuss

NAMED ON THE SHEET

Crane operator
Rigger
Signalperson
Formwork supervisor (host)
Spotter - drop floor
Spotter - landing floor
Prime contact
Lift supervisor

DOCUMENTATION

This SJP / PROVEN-FRM-052
PROVEN-FRM-007
PROVEN-FRM-009
FLHA
Drawing revision attached or cited

REFERENCES

Workers Compensation Act s. 21 - known or reasonably foreseeable hazards; instruction and supervision
OHS Regulation (B.C. Reg. 296/97, in force 15 Apr 1998) Part 3 - OHS program, instruction, inspections
OHS Regulation Part 4 s. 4.13 - risk assessment where rescue or evacuation may arise
OHS Regulation Part 8 - PPE; headwear CSA Z94.1-05 or Z94.1-15
OHS Regulation Part 11 - fall protection
OHS Regulation Part 14 - Cranes and Hoists
14.2(5) - CSA Z150-1998, or ASME B30.5-2004, or ASME B30.22-2005 (articulating boom)
14.2(6) - CSA Z248-2004 for tower, hammerhead and self-erecting tower cranes
14.35 pre-use inspection 14.36 load weight 14.42.1 critical lift 14.44 loads over work areas 14.45 unattended loads
14.47-14.49 signals
OHS Regulation Part 15 - Rigging
Manufacturer load chart, manual and configuration limits
Site lift plan, FLHA and site rules where stricter
WorkSafeBC Flytable Safety (Jul 2025) - drop, roll, fly, land. Critical lift.
BC Crane Safety, 14 Aug 2025 - New WorkSafeBC Video: Flytable Lift Safety
OHS Regulation Part 20 - formwork and falsework. Host / prime duty. This procedure does not write the cycling carpentry.
Manufacturer cycle and shop drawing for this table system - at the lift. Pick points only as the drawing names.